Breathe Studio

WHAT'S ON IN MARCH

MONDAY

Every Mon	6pm	Yoga (class full)
30th March	2pm	Info session & CIC update (all welcome)

TUESDAY

10th March	7.30pm	Mahjong Club
24th March	7.30pm	Mahjong Club

WEDNESDAY

Every Wed	5.45pm	Yoga (class full)
4th March	7.30pm	Sound Bath
11th March	7.30pm	Book Club
18th March	7.30pm	Drumming Circle
25th March	7.30pm	Book Club

THURSDAY

Every Thurs	5pm	Absolute Beginners Course
Every Thurs	6pm	Chakra Yoga Course

SATURDAY

21st March 10am-4pm Equinox Wellbeing Fair

At Jubilee Hall
Llanelwedd
Proceeds of door sales will kindly be donated to Breathe Studio

Breathe Studio
The Dance Centre
Arlais Road
Llandrindod Wells
LD1 5HE

Find us on Facebook or message 07518 678 032

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