

## REFERRAL CRITERIA

Powys Befriending Service sits within PAVO Community Wellbeing Team.

Our befriending service supports people who are

- socially isolated or lonely
- over the age of 50
- Living in Powys or registered with a GP in Powys,

We aim to help them maintain their independence, build confidence, develop their social network and reconnect with activities in the community or with a friendly cuppa and chat in their own home.

To meet the criteria for a referral to our service, **people must be able to:**

- Understand the befriending offer
- Consent to the initial referral and confirm this when we contact them
- Answer our baseline assessment questions independently
- Engage in meaningful conversation with a Befriender
- (1:1 home visits only) receive a Volunteer in an appropriate living area
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Our befriending service may not be suitable for people living with advanced dementia, significant memory issues or complex mental health needs - this will be assessed on a case by case basis during our initial contact.

Our **Befrienders do not:**

- Offer a shopping/taxi service
- Provide personal care support
- Undertake domestic chores
- Arrange or attend medical appointments with people
- Offer counselling/professional advice
- Provide a 'sitting service' - befriending is not respite nor replacement care



Llywodraeth Cymru  
Welsh Government

Bwrdd Partneriaeth  
Ranbarthol Powys  
Iechyd a Gofal  
Cymdeithasol



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